

MACHA 2017 Program Schedule

Wednesday, October 11

Board Meeting

Optional Socials:

Tour of Saint Liam Hall

Social in Rohr's pub (located in Morris Inn)

Thursday, Oct. 12

9-5:30pm: Exhibitors open

9-10am: Registration open

10-11:15am: Welcome by Michael Huey, ACHA President

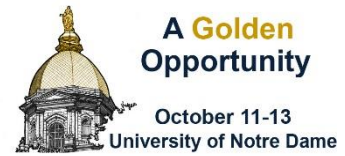
Keynote

Kim Rollings, PhD, Assistant Professor

Dr. Rollings is an assistant professor at the University of Notre Dame School of Architecture and concurrent in Psychology. Trained as an architect and environmental psychologist, Dr. Rollings systematically examines how the built and natural environment affect mental and physical health across multiple scales using a socioecological framework. Additionally, she develops and validates environmental assessment tools to quantify attributes of the physical environment related to health outcomes, especially among vulnerable populations. Results of this work inform design guidelines with the goal of establishing healthy, socially responsible, and sustainable buildings and cities.

11:30am-12:30pm: Breakout #1

- Increasing Flu Vaccination rates Through the Michigan College and University Flu Vaccination Challenge: A case study of efforts to improve college vaccination rates
- Heart and Mind: Experiential and Clinical Perspectives on Eating Disorders
- Mindfulness Gap: How Purdue is Assessing the Need to Expand Mindfulness Activities on Campus



- A Focus on Best Practices for Student-Athlete Mental Health and Well-Being

12:30-2pm: Lunch, Business Meeting, Panel Discussion, ACHA comments

2:30-3:30pm:

Breakout #2

- PrEP: A guide for Initiating Treatment in Primary Care
- Mental Health Curriculum Embedded in Required Freshman Course Increase Student Knowledge of Resources and Willingness to Seek Assistance
- Contributing to the Field: Creating Internship Opportunities for Bachelor and Graduate Students in College Health Promotion
- Why Resilience is Important to the College Population with Specific Considerations for the Lesbian, Gay, Bisexual, Transgender, Queer+

3:45-4:45pm:

Breakout #3

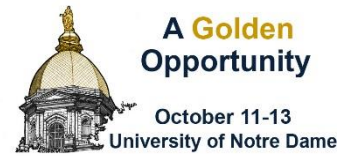
- Wellness Coaching Program Implementation, The First Years: Operating from a mindset of 'advocate and inspire' to enhance a student's well-being and success (
- Creating and Implementing Marketing Strategies for Your Campus Health Center: A practical guide based on experience
- Empowering Bystanders and Engaging Men in Preventing Power-Based Violence
- Concussion: Update on Diagnosis, Management and Return to Learn

4:45-5:30pm:

Exhibitor and Poster Social

5:45pm:

Dinner at the Football Stadium



Friday, Oct. 13

8-9am: **Registration & Breakfast**

9-10am: **Keynote**

Deidre Guthrie, PhD, Research Assistant Professor

Deidre Guthrie, PhD, is a research assistant professor at the Kellogg Institute for International Studies and the Well Being at Work project, which partners with global health and humanitarian workers. Dr. Guthrie's research seeks to understand how the evolving professional identity and well-being of global health/humanitarian workers impacts the quality and sustainability of care and level of accompaniment of affected populations in vulnerable communities. Dr. Guthrie is also a consultant to the Alive Project at Rush University Medical Center Department of Preventative Medicine. A long-time meditation practitioner and teacher, she has a special interest in how contemplative practice (such as mindfulness meditation and narrative medicine) can enhance the well-being and resilience of practitioners.

10:15-11:15am: **Breakout #1**

- Ethical Principles and Practices Applied to College Health
- Readmission Orientation for Returning Students
- Cultural Competency and Diversity: Recruiting and Retraining Students of Color to Health Promotion Programming and Peer Education
- **INSTITUTE:** Sleep Promotion within College Populations

11:30-12:30pm: **Breakout #2**

- Collegiate Recovery Programs: Transforming Campus Culture by Promoting Safe, Supportive and Healthy Communities
- Infectious Mononucleosis in College Students
- I Know What You Want: The blurred lines of college student sexual consent communication
- **INSTITUTE:** Sleep Promotion within College Populations

12:30-1pm: **Closing**