



**Mid-America College Health Association  
Business Meeting**  
**2012 Mid-America College Health Association Conference**  
November 8, 2012 | Indianapolis, IN



1. State Roll Call
2. ACHA update from Sarah Van Orman
  - a. Many current activities surround determining what the Affordable Care Act means for student health and student insurance
    - i. Ultimately want to be able that students can and are able to choose to use student health plans if they want to and utilize the benefits they should have access to through ACA.
  - b. Reminder about upcoming National meeting in Boston in May of 2013
    - i. ACHA has received more than 220 submissions for programs
  - c. National College Health Assessment went out to 141 institutions in the Spring of 2012. This year NCHA reached some big milestones with it being given to more than 1 million students at 600+ institutions.
  - d. Reminded attendees of the importance of the American College Health Foundation
    - i. The foundation continues to grow, putting it in a place to give significant dollars to what we all do.
    - ii. Donations to the foundation make great retirement gifts
  - e. Put out a call for national election of ACHA leaders, awards and fellows.
    - i. Nominations are now being accepted through the ACHA website where open positions are listed
  - f. Initiatives for the next 6-12 months
    - i. ACHA will continue Affordable Care Act advocacy
    - ii. Make changes to the ACHA consultation program to make it more robust
    - iii. Partially fund NDCP at NYU
    - iv. Start reviewing its strategic plan beginning at board meeting in 2013. The current strategic plan is about 10 years old. ACHA wants members to participate and provide feedback.
3. Region 3 rep report from Marcia Tilden
  - a. Marcia encouraged attendees to get involved and be active in the organization
  - b. Marcia also solicited any feedback and/or concerns that she can take back to the ACHA board.
  - c. She also requested that members let her know of retiring colleagues as well as when someone passes away so that she can pass along to ACHA.



#### 4. Membership update

- a. The cohosting of the national meeting in Chicago led to a boost in membership.
  - i. Currently have 366 members which is about 100 above where we normally are
  - ii. Steve reminded people to share with their colleagues that individual ACHA members are automatically MACHA members. This is often overlooked.



#### 5. Budget

- a. The 2013 budget was proposed. Budget year runs Jan 1-Dec 31
  - i. Overall MACHA is doing very well financially
  - ii. Steve shared the goal of trying to keep costs down associated with the conference, not only for attendees but for MACHA as well.
  - iii. Steve also noted that MACHA is the #1 affiliate in terms of support to the ACHA foundation.
  - iv. A motion was made to approve the budget. The motion was accepted.
  - v. The 2013 budget was unanimously approved by MACHA members.

#### 6. Future Meetings

- a. Jason Gillman announced that the Fall 2013 MACHA conference will be in Carbondale and the Fall 2014 MACHA conference will be at Illinois State University.
- b. MACHA will be looking for host schools outside of Illinois for 2015 and 2016.

#### 7. Labyk Award

- a. Brief overview and history of the Labyk Award.
- b. Two awards were given out this year
  - i. University of Louisville for a program to help students navigate dining halls nutritionally
  - ii. Illinois State University to collaborate with two local universities on a bystander intervention training program to address issues associated with alcohol

#### 8. Bylaws

- a. Copies of the updated bylaws were available on every table.
- b. No additional changes were suggested
- c. A motion was made to approve the bylaws. The motion was seconded and the bylaws were unanimously approved.

#### 9. Nominations

- a. Alyssa went over the current open positions of Vice President, Secretary/Treasurer, Michigan state rep and Indiana state rep.
  - i. Aimee Jansen-Robinson was nominated for VP
  - ii. Steve was nominated for another term as Secretary/Treasurer
  - iii. Trista Gibbons was nominated as Indiana State Rep'
  - iv. There currently are no nominations for Michigan state rep



- b. The slate was brought forth for approval. A motion to approve was made and seconded. MACHA members unanimously approved the slate.
- c. Lisa stressed the importance of phasing in someone to take Steve's place and asked that anyone interested should contact someone on the board.
- d. Various board members also spoke of the importance of donating your time to the board as well as the rewards you get.
  - i. Most positions are a minimum time commitment.
- e. The board will continue looking for a Michigan state rep.



#### 10. Announcements from Membership

- a. Alyssa announced a graduate assistant in wellness position that she will have open that comes with a full tuition waiver.
  - i. Anyone who knows someone who might be interested should contact Alyssa directly.
- b. A MACHA member from Wayne State shared that due to a grant they received to help address obesity, they will be looking to hire a part time dietitian.
- c. Emily from Kentucky shared her desire to get together anyone who is a part of student insurance to share best practices as well as frustrations.
  - i. Anyone interested should contact Emily directly.

11. The board reminded members about the social at Claddagh Irish Pub which is partially sponsored by CORE. The Board reiterated their extreme appreciation for sponsors and exhibitors. Without their support the conference would not be possible.

12. Meeting adjourned.