



**Mid-America College Health Association**  
**Regional Affiliate Meeting**  
**2013 American College Health Association Annual Meeting**  
May 30, 2013 | Boston, MA



1. Welcome / Board Introduction

- Board members in attendance: Alissa Arnold, Kerri Calvert, Jason Gillman, Jessica Higgs, Aimee Janssen-Robinson, Erin Link, Steve Lux, John Massie, and Marcia Tilden

2. Roll Call

- Kentucky: 6
- Illinois: 25
- Indiana: 3
- Michigan: 2
- Ohio: 1

3. ACHA Regional Representative Report – Marcia Tilden, Region III Rep

- Requested information on any retiring or deceased MACHA members in order to be recognized by ACHA at the conference
- Marcia provided an update on the ACHA strategic planning process. There are three specific focus areas: advocacy, education and research.
- Marcia shared the mid-year report with the ACHA board and also shared the Affordable Care Act question from MACHA with the board.
  - a. ACHA still has a lot of questions themselves about the Affordable Care Act and its impact on college health. The Department of Health and Human Services still has a lot of work to do. Much of it will have to be figured out as we go.

#### 4. Membership and Budget Report

- There are currently 285 MACHA members as of the May membership report. This is higher than normal and we may still be seeing a bump from the annual meeting being held in Chicago last year.
- Membership is up about 45% from 2011 to 2012 and is still up, but not nearly as much as the previous year.
- The board is looking into doing some targeted outreach to community colleges in the region to get more members in that area.
- Steve provided a reminder that everyone who is a member of ACHA is automatically a member of their regional affiliate. Sometimes there is some confusion.
- The current budget was provided to those in attendance. Most MACHA expenses are in the second half of the year and associated with the conference in November.
- MACHA received a token of appreciation at the ACHA Foundation meeting recognizing MACHA's contributions to the foundation. MACHA used to be the only regional affiliate at its current giving level, but has recently been joined by two other affiliates. Steve expressed his desire to possibly move up to the next giving level.

#### 5. MACHA 2012 Meeting Recap – Aimee Janssen-Robinson

- The 2012 MACHA conference in Indianapolis was a great success and resulted in \$2,675 in profit.

#### 6. MACHA 2013 Meeting Information

- John provided a save the date for all in attendance. The 2013 conference will be November 6-8 at Southern Illinois University in Carbondale, IL.
- Registration costs will be the same as last year, \$150 for professionals and \$50 for students.
- Continuing education credits will be available.
- Call for programs will be sent out to the MACHA membership via email soon.

- MACHA would love for more student involvement and encouraged members to reach out to their students to possibly present a session or to specifically for students by students.

#### 7. 2013 Elections – Call for Nominations Alissa Arnold

- The following positions are up for election this November
  1. Illinois and Kentucky State Representatives
  2. Vice-President, who will transition to be President in November 2014
  3. Treasurer
  4. Program Chair Elect, who will plan MACHA 2015 on their respective campus. The board is looking to hold MACHA 2015 at a member institution in Kentucky, as the conference has not been in that state in recent years.
  5. Send nominations directly to Alissa. An email from MACHA will be sent out as well to solicit nominations.

#### 8. Awards

- Congratulations to Dana Carpenter from Southern Illinois University who received the New Professional Award and to Karen Newton from the University of Louisville who received the ED Lovett Award for Exemplary Contributions to a College Health Program
- Nominations will soon be sought for the 2013 Labyk Award.
- Application is available online and the deadline is October 1.
- The application process is fairly simple and the award is small, so schools shouldn't have to go through their grant departments.
- Labyk Award winners will be announced at the MACHA conference.
- 2012 winners were Illinois State University to fund a bystander intervention program and the University of Louisville to fund a Nutrition Navigators program.
  1. 2012 winners will hopefully present at the 2013 MACHA conference.

## 9. Open Forum for Members

- None