



Mid-America College Health Association Regional Affiliate Meeting

2016 MACHA Business Meeting
June 2, 2016 | San Francisco, CA



1. Welcome / Board Introduction – Alissa Arnold

- Board members in attendance: Alissa Arnold, Kari Zahorik, Kerri Calvert, Steve Wintermeyer, Sarah Steinkamp, Karen Huyghe
- Alissa welcomed everyone to the meeting and asked first-timers to raise their hands.

2. Roll Call – Kerri Calvert

- Kentucky: 8
- Illinois: 17
- Indiana: 14
- Michigan: 6
- Ontario: 0

3. Agenda Additions and Approvals – Alissa

- Alissa asked attendees to read minutes from MACHA 2015 Business Meeting prior to approval. Alissa called for a motion to approve and Sarah Steinkamp seconded. Membership approved the minutes.

4. Membership and Budget Report – Kerri Calvert

- There are currently 288 MACHA members as of the April membership report.
- The current budget was presented to those in attendance.
- Kerri asked members to take the online ACHA membership survey.

5. MACHA 2015 Meeting Recap

- Alissa thanked University of Louisville for hosting. 93 people attended and the conference resulted in \$799 in profit.

6. ACHA Regional Representative Report – Julie Yingling, Region III ACHA Representative

- Julie introduced herself to the MACHA membership.
- Julie plans to attend the MACHA conference in Indianapolis.
- Please report any retirements/deaths to Alissa in order for Julie to report to the ACHA board on Friday night.
- Please contact Julie if you have concerns and questions for the ACHA board.

7. MACHA 2016 Meeting Information – Steve Wintermeyer

- Steve presented the Top Ten Reasons to Attend MACHA 2016.

- Conference will be in Indianapolis, IN on October 26-28.
- Conference site is the OMNI Hotel.
- Two keynote speakers: Sarah Van Orman from University of Wisconsin Madison and Richard Gunderman from University of Indianapolis Medical School.
- Wide variety of topics will be presented and the theme is Helping Ourselves Help Others.

8. Old Business: Alissa Arnold

- Please sign the contact sheet.
- Conference sites are 2017: University of Notre Dame, IN; 2018 – perhaps Wayne State, 2019 – no site yet; 2020 – ACHA will be in Chicago so no conference that year.

9. Awards:

- New Professional Affiliate Award: Erin Link, Illinois State University
- Steve Lux Award: Sarah announced the winner, Blake Flaughner from University of Kentucky.
- Kari requested nominations this summer and encouraged people to apply for funding.

10. New Business – Kari Zahorik

- Board positions that will be open this fall: State Representative for Michigan and Indiana, Vice President and Treasurer. Please consider running for a position!
- Bylaws are in the process of being updated. Board will send new version out this summer for review prior to the fall conference. Bylaws will be voted on at the MACHA conference in Indianapolis.
- A Program Planning Guide is being drafted to assist conference hosts. Lisa Ailstock mentioned that ACHA is reviewing the current conference model.
- Alissa solicited suggestions for the three ACHA strategic planning goals:
 - Advocacy: best practices in sexual health; national database of immunizations; why college health is important – link to retention for university presidents; ACHA advocacy on national health insurance issues is appreciated – could they approach state insurance commissioners:
 - Education: how to conduct research if you are a practitioner; MACHA research focus (Health Promotion section research committee is an option); online training for college health/College Health 101 for ACHA/MACHA; list of experts to contact; session for colleges of similar sizes to meet; review of medical systems at ACHA and MACHA
 - Research: HP Research Committee – please contact them for ideas/topics; different ways ACHA can support research efforts; will ACHA identify gaps in research once data warehouse is set up?

12. Announcements –Karen Huyghe

- Nikki Brauer from Illinois State University announced that the Faculty/Staff Wellness coalition is looking for pilot sites for the F/S Health Assessment.
- Sarah Steinkamp asked attendees to stop by her poster presentation #35.
- Members gave announcements about job opportunities at their schools.
- Alissa noted that the Data Warehouse Town Hall meeting will be held Friday at 8am.
- Alissa thanked everyone for attending.
- Alissa adjourned the meeting at 1:15pm.

Minutes approved by MACHA membership on October 27, 2016.